







How to reduce your child's lunch waste







-  Pack in re-useable lunch boxes or brown bags*
-  Pack sandwiches, fruit, etc. in re-useable containers such as Tupperware or other plastic containers
-  Avoid baggies, aluminum foil and plastic wrap
-  Avoid pre-packaged lunches with plastic containers or plastic film
-  Include drinks with the numbers and recycling symbols #1's and #2's on the bottom only – these can be recycled at school
-  Remind your child to bring home reusable containers and lunch boxes

* Laptoplunches.com is one source for re-useable lunch boxes and containers. Brown paper bags can be recycled only if they don't have food waste or juice on them.



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